



The SIOPSA 2024 Annual Conference recognises the critical issue of mental health. It aims to bring together psychologists, psychometrists, human resource practitioners, mental health advocacy organisations, and business leaders to collaboratively explore and devise effective strategies to ensure psychological well-being and productivity. The conference is about adopting mindfulness practices and prioritising employee well-being to increase productivity. It emphasises the importance of proactive strategies and support systems to address workplace mental health crises.

We're excited to announce that a three-day conference will be held in Johannesburg, South Africa from Wednesday, 17 July to Friday 19 July 2024. To make the event inclusive and accessible to remote participants, we'll also be running virtual sessions. On Tuesday, 16 July 2024, a workplace counselling pre-conference workshop will be held.

Important Dates

- Abstract Submission Opens: **17 November 2023**
- Abstract Submission Closes: **15 March 2024**
- Abstract Notification: **April to May 2024**



Submit your abstract before the deadline; no extensions will be granted due to a strict timeframe.

Conference Themes

The three-day conference will address the following themes: "context," "content," and "conduct."

Context: Focuses on the importance of context in understanding workplace mental health. To help attendees grasp the overall landscape, we'll be using a scoreboard metaphor. This theme will delve into the root causes of mental health concerns in the workplace, the extent of the mental health crisis, and debunking common myths. We'll also cover trends and strategies for effectively managing mental health in the workplace.

Content: Focuses on multiple touchpoints, coping mechanisms, and collaborative solutions involved in workplace mental health and well-being, emphasising that it is not an isolated issue.

Conduct: Focuses on adopting a futuristic approach to addressing mental health issues in the workplace, exploring diverse methods to foster sustainable development in mental health.



If you are uncertain about how your abstract papers align with the themes, contact us.

Call for Abstracts:
15 NOVEMBER 2023 TO 28 FEBRUARY 2024

Contact us:
Kirstie Meehan-Vosloo
abstracts@siopsa.org.za



MINDFUL ORGANISATIONS - PRODUCTIVE PEOPLE

Cultivating a Culture of Mental Health

16 July 2024
Pre-Conference workshop

17-19 July 2024
Virtual & In-Person Conference

CONFERENCE TRACKS

DISCOVER THE 2024 SIOPSA ANNUAL CONFERENCE THEMES AND TRACKS		
CONTEXT	CONTENT	CONDUCT
 Understanding the landscape	 Engaging evidenced based solutions	 Promoting a culture of mental health
KEY TRACKS		
<ul style="list-style-type: none">• Trends, Analytics and Insights• Future World of Work• Technology• Legal and Policy Frameworks• Ethics in Advocacy	<ul style="list-style-type: none">• Mindfulness• Employee Engagement• Resilience• Psychological Safety• Psychometrics and Assessments	<ul style="list-style-type: none">• Organisational Effectiveness• Learning and Development• Diversity, Equity & Inclusion• Leadership• Monitoring & Evaluation

CONFERENCE FORMAT

We aim to host a dynamic and inclusive conference for all speakers and delegates. The three-day conference features **two program tracks**; one held **in-person** and the other conducted **virtually**.

The In-person track will be held in Johannesburg, South Africa (venue to be announced). The virtual track will be hosted on the Whova platform.

During the abstract submission process, you will be prompted to select your preferred track based on your availability. We strongly encourage speakers from both national and international backgrounds to contribute to our flagship event of the year by submitting an abstract.

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ABSTRACT SUBMISSION GUIDELINES

These are the submission guidelines that must be followed when submitting your abstract paper. These guidelines are necessary to ensure consistency, uniformity, quality assurance, and allows for fair evaluation to take place during the abstract review process. **Failure to comply with the guidelines may impact the outcome of your abstract paper.**

- Abstracts must be submitted via a Google form – [Google form link](#)
- Abstracts should be submitted in a Word document and uploaded in .doc format.
- On the first page of the abstract include the title of the abstract, Authors' names, contact details and affiliations (for all the authors), and word count (maximum 350 words)
- Start the abstract paper on the second page.
- Font: Arial new, 12pt justified
- 1,5 line spacing
- Include an APA style reference list (not included in your word count)
- Authors are encouraged to articulate what (if any) ethics will be covered in their session. Additional words are allowed for this. Demonstrating a link to ethics is not compulsory but will add value to your contribution.

Technical aspects:

- **Editing:** It's crucial to focus on grammar and writing style throughout your abstract, and not allow for poor grammar to impact overall reviewer rating.
- **Consistent and easily understandable:** The abstract should be clear on first reading, and the content should follow a logical order.



Refrain from using previously published/or presented material

We want to showcase new ideas, avoid redundancy, and encourage diversity and collaboration to advance the field.

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ABSTRACT TYPE

Each type of abstract has its own specific format.

Master Tutorial (45 min)

The primary purpose of the Master Tutorial is to develop and educate the audience about a focal topic related to the theme of the conference. It is a type of instructional session designed to provide detailed guidance, hands-on learning and practical insights to delegates. These sessions are not meant for marketing opportunities. [Example](#)

Research Presentations (45 min)

Papers submitted for research presentations must represent completed, original work. (i.e., has not been published or presented elsewhere). The researcher will share their study findings, methodology, and conclusions. During the presentation, the researcher may discuss the research question, the methods employed, the data collected, and the key outcomes of the study. The goal is to communicate the significance of the research, and its contribution to the field, and to engage the audience in a discussion about the findings. [Example](#)

Case Studies (45 min)

A Case Study should offer practical insights where theory is applied, providing valuable experiences and best practices. These presentations provide a concrete understanding of how theoretical concepts are used in practice. Case Studies are ideal for practitioners who wish to share an aspect of their expertise or experience. Researchers present detailed accounts of these cases, highlighting the context, challenges faced, strategies employed, and outcomes. These sessions are not meant for marketing opportunities. [Example](#)

Panel Discussions (1 hour)

In a Panel Discussion, the chairperson serves as an active moderator, posing questions to the panel of three to five members and ensuring equitable participation. This session aims for spontaneous interaction between panellists and the audience. Diversity among panel members enhances the session's success, and thorough preparation is crucial for all participants. Panel Discussion proposal should describe the questions that will be addressed by the panel, the underlying issues or themes to be discussed, and the structure or format of the session. Panel member information must be submitted with the online submission. [Example](#)

Poster (In-person only): Present research findings in a poster format. We encourage emerging psychologists at both the Honours and Master's levels to consider showcasing their research topics.



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ABSTRACT STRUCTURE



Please read the updated submission guidelines before submitting an abstract.

Introduction/rationale: Introduction or rationale must provide a clear background to the rest of the abstract and why the topic is being put forward.

Objective: Must at least contain an overarching general objective. Objectives must outline the content or expectations for the project.

Methods/approach: Methods or approach must provide a clear description of the methodology used, and it must be appropriate for the objectives and rationale of the project or presentation.

Results: Results must clearly indicate the findings of the project/presentation, and they must be consistent with the methodology and objectives.

Conclusions: Conclusions must be consistent with the introduction or rationale and objectives, so that the information is complete. Clear implications of the findings must be apparent.

Practical Significance and Contribution:

- Interest and relevance to the audience: Is the content relevant to the profession? Does it bring a perspective that is relevant to current theory and/or practice?
- Important contribution to research/ practice/ theory or knowledge: Does it contribute to the current body of work in this area or the understanding of the profession?

Abstract Review Process

All submitted abstracts will undergo a blind review process during March 2024. The authors will be notified of the outcome of their abstract between April and May 2024.



[Please submit your abstract here](#)

We encourage contributions from a variety of disciplines and perspectives to enrich the depth of discussions. Your valuable insights are crucial for the success of our conference.

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